

## **INFORMATION SHEET**

VIDZEME UNIVERSITY OF APPLIED SCIENCES	
Erasmus code:	LV VALMIER01
Mailing address:	International Office, Administrative Department
	Vidzeme University of Applied Sciences
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CONTACT PERSONS	
Partnerships and agreements,	Tatjana Mažāne
Incoming exchange students for studies	International Project Manager
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Tel.:	+371 22042022

Incoming and outgoing staff mobility,	Mārīte Balaņuka
Outgoing exchange students for studies	International Coordinator
and traineeships	
E-mail:	international@va.lv;
Tel.:	+371 22042022
Incoming students for studies (content	Ilgvars Ābols (Mr)

of the program, courses)	Director of International Study Module, Academic coordinator
E-mail:	ilgvars.abols@va.lv

APPLICATION FOR EXCHANGE STUDENTS	
Nomination deadline	Fill out the Official Student Nomination
	Form as soon as possible before the
	nomination deadline:
	Autumn semester or full academic year:
	April 10
	Spring semester: September 30
Application deadlines (for exchange	Autumn semester or full academic year:
students)	May 1
	Spring semester: October 15
Application procedure	http://va.lv/en/study-here/exchange-
	opportunities/exchange-students
	http://va.lv/en/contact-
	us/faqs#exchangestudents



ACADEMICAL CALENDAR	
Autumn semester (2023/2024)	September – January
	Orientation days: August – September
	(Acceptance Letter sent to students
	includes specific info)
Spring semester (2023/2024)	February – June
	Orientation days: January – February
	(Acceptance Letter sent to students
	includes specific info)

COURSES AND ACCOMMODATION	
Language of instruction	English and Latvian
Language requirements	In order to follow the lectures and perform the required tasks, students must have a good level of English, level <b>B2</b> and higher is recommended (according to CEFR); an official certification is not necessary, but in some cases formal language confirmation may be requested from students and partner institutions
Courses in English	https://va.lv/en/study-here/exchange- opportunities/courses-exchange-students
Accommodation	Double rooms guaranteed for all exchange students in university student hostel. More information: <u>http://va.lv/en/study-here/practical-guide</u>

Other relevant information	
Preferred arrival date	Acceptance Letter sent to students includes specific info
Website for incoming exchange students	http://va.lv/en/study-here/exchange-opportunities/exchange- students
Facebook	https://www.facebook.com/VidzemeUniversityofAppliedSciences/ https://www.facebook.com/VidzemesAugstskola/?fref=ts
YouTube channel (if applicable)	https://www.youtube.com/user/VidzAugstskola
Information about your city	http://va.lv/en/study-here/student-life/about-valmiera
Website of the city	http://www.visit.valmiera.lv/en/
Costs of Living Expenses	http://va.lv/en/study-here/practical-guide
Insurance	http://va.lv/en/study-here/practical-guide
International Student Organisation	https://www.facebook.com/ESNvalmiera/
Additional need-to- know information	http://va.lv/en

